

“A Formula for Life”
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As I pondered my four years at college these past few weeks and was packing up all my text books, I was reminded of the hundreds of equations utilized in my classes. I even remember sitting in my general physics class freshman year thinking, “how often will I really need these?” Which got me thinking...Over my four years at UB, I have grown not only academically but as an individual as well. In addition to these various equations, I have come across an equation for life, a formula to forever live by. Its uses are multifold, and will involve every facet of your life. The variables: learning, loving, liability; the parameter: yourself.

- Learning: Simply put, what more is there to life if we stop educating ourselves and others?
- Loving: In order to succeed and be at the top of your field, you must be passionate about the work that you do. My dad always asked me, “Why don’t you become a doctor or lawyer?” The answer was simple: because I knew that I would not be satisfied with either of those career paths.
- Liability: If you did not learn it the first or second week of college, when you found out that homework assignments *were* actually graded, or even though reading was not assigned, you *would* be tested on the material. You certainly know it after 4 or more years. No matter if you are trying to get to work on time, meet a deadline, or simply remember to attend a meeting, you must be responsible and fulfill the needs of your superiors.

The more you learn, the more you love, the more reliable you are, the better person you will become. However, the outcome of the formula is dependent upon how much energy is put in. Thus, YOU have to put the effort in - which is why YOU are the parameter of the equation. ALWAYS learn, love, and be reliable.

Thank you class of 2006. It has been a pleasure growing and learning with you. I wish you the best of luck in all of your future endeavors.